

ARISTIDES G. GOUSIOS, M.D.

(Adapted from nomination by Virginia Lagiss)



Dr. Aristides G. Gousios is a truly accomplished physician who has engaged in teaching, research to improve medicine, and leadership positions to improve the access and delivery of healthcare.

Dr. Gousios attended Mount Union College in Ohio, completed medical school at Case Western Reserve, and completed his residency and cardiology fellowship at Cleveland

Metropolitan Hospital. With Dr. Hellerstein, Dr. Gousios analyzed the oxygen requirements for various professions and established the Master Test. He has several first-author papers, developed a modified heart perfusion technique using bovine red cells that is still in use, and has presented at the American Heart Association convention.

Dr. Gousios served as an Assistant Professor of Medicine at the University of California. He served as chief of the emergency room, was co-founder and co-director of the Cardiac Care Unit, and was Chief of Staff. Dr. Gousios served as a founder and first President of HAPS in 1960 and has contributed more than \$25,000 to the HAPS Scholarship Program.

Hon. Nicolaos Costas Theophanous, SE

(Adapted from nomination by Thanasis Maskaleris)



The Honorable Nicolaos Theophanous is a true leader in the Hellenic community and a well-accomplished, experienced structural engineer.

He served, from 1972 to 1974, in the Cyprus National Guard as First Lieutenant. During the Turkish invasion of 1974, he was second in command of an artillery squadron which supported ELDYK, the Greek contingent in Cyprus. For his

contributions, he was recommended for the 3rd Class War Cross. Mr. Theophanous received his B.Sc. in Civil/Structural engineering from the National Technical University in Athens and his M.Sc. in Civil/Structural engineering from Stanford University. He is a registered structural and civil engineer in California and Cyprus. He founded Theophanous Structural Engineers in 1995 and has been principal since. He has more than 29 years of experience in the design and construction of commercial, residential, public, healthcare and industrial buildings, and churches.

Mr. Theophanous has been an active member of the Bay Area Greek community since 1979. He was President of United Cypriots of Northern California, California Governor for the Cyprus Federation of America, a member of the Board of Education at Ascension Greek Orthodox Cathedral, and Parish Council member at St. Demetrios Greek Orthodox Church in Concord. Since 2001 he has served as the Honorary Consul of the Republic of Cyprus for Northern California. He is married to Sotira Krousti Theophanous from Cyprus. They have three children: Georgios, Christos, and Maria.

HAPS

The Hellenic American Professional Society of California

ANNUAL GREEK LETTERS DAY CELEBRATION

SUNDAY, FEBRUARY 14, 2010

ASCENSION CATHEDRAL, OAKLAND, CALIFORNIA

WELCOME Yannis M. Paulus, M. D.
President of HAPS

Reverend Thomas Zaferes
Proistamenos, Ascension Cathedral

INVOCATION His Eminence Metropolitan Gerasimos
of the Holy Metropolitan of San Francisco
assisted by Reverend Thomas Zaferes

KALI OREXI!

MASTER OF CEREMONIES Yannis M. Paulus, M. D.
President of HAPS

GREETINGS His Eminence Metropolitan Gerasimos

H. E. Ambassador Ioannis Andreades
Consul General of the Republic of Greece

Honorable Nicolaos Theophanous
Honorary Consul of Cyprus

Ms. Evangelia Koutsou
*Consul of Education
Greek Language Coordinator/Western States*

2010 SCHOLARSHIP AWARDS George Mattis, Chair

RECIPIENTS Gregory W. Angelides
Julia A. Black
Maria N. Theophanous

SPECIAL RECOGNITION

RECIPIENTS George P. Mattis
Peter A. Bagatelos, *Esq.*

AXION AWARD HISTORY Virginia Lagiss

2010 AXION AWARDS

RECIPIENT Helen Julius Ernst
Virginia Lagiss & Loula C. Anaston, Presenters

RECIPIENT Aristides G. Gousios, M. D.
Virginia Lagiss, Presenter

RECIPIENT Honorable Nicolaos Theophanous
Thanasis Maskaleris, Presenter

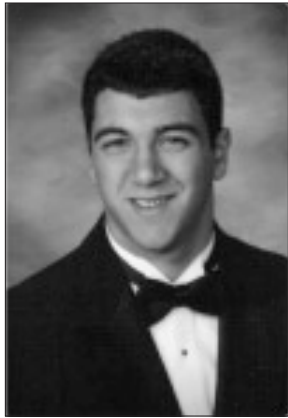
REMARKS His Eminence Metropolitan Nikitas
of the Dardanelles and Director of the
Patriarch Athenagoras Orthodox Institute

CLOSING Yannis Paulus, M. D., *President of HAPS*

BENEDICTION His Eminence Metropolitan Nikitas
Assisted by Reverend Thomas Zaferes

2010 HAPS *Scholarship Award Recipients*

Greek Letters Day is celebrated in conjunction with the Feast of the Three Hierarchs celebrating St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom. On this day, we honor all people contributing to the same ideals and goals.



Gregory W. Angelides is currently a first year student at University of California, Santa Barbara, with an interest in engineering, biology, and law. He excels in demanding courses while previously playing on his high school's varsity wrestling and football teams, being an Eagle Scout, and being very involved in the Hellenic community, including Greek dancing and GOYA.



Julia A. Black is currently a first year student at University of California, Berkeley, with a plan to major in political science or international relations. After, she plans to go to medical school, with an interest in working with underserved groups. She has demonstrated excellence both in and outside the classroom with numerous community service, jazz band, lacrosse, and leadership activities.



Maria N. Theophanous is a first year student at Harvard University concentrating in economics and government. She plans to work for the United Nations or the State Department after graduation. In addition to her academic excellence, Maria is an award-winning public speaker at county, state, and national tournaments, Co-Captain of Mock Trial, and President of Model UN.

*Thank you to all those who helped with our
2010 HAPS Annual Luncheon
and to you who have joined us.*

Have a safe journey home.

2010 AXION *Award Recipients Biographies*

The AXION AWARD is an honor bestowed upon outstanding persons of Hellenic ancestry from the San Francisco Bay Area. Recipients must be nominated by a member of the Hellenic American Professional Society. Selection is based on the following criteria:

1. The recipient must be of Hellenic ancestry.
2. Resident of the Greater Bay Area, which includes Monterey, and the area up to the border of Sacramento.
3. Has reached high goals in his/her field of endeavor.
4. Has made a significant achievement in a professional, academic or scientific field or in the humanities.
5. Has made a contribution to the Hellenic community or to society in general.

As you will find in their brief biographies below, all of these recipients meet and exceed these criteria. They are all of Hellenic ancestry; residents of the San Francisco Bay Area; reached high goals in their respective fields of education, engineering, and medicine; made a significant achievement in their respective fields; and made a significant contribution to both Hellenism and society. We congratulate them all, and thank them for their many years of service and dedication to their community.

HELEN JULIUS ERNST

(Adapted from nomination by Virginia Lagiss and Loula C. Anaston)



Helen Ernst is truly an outstanding individual who has demonstrated leadership and a lifetime of service.

Mrs. Ernst graduated from U.C. Berkeley and earned a Master's degree from Stanford University. She served in the Navy as a WAVE officer (Women Accepted for Volunteer Emergency Service) during World War II. After the war, Helen taught school in New York, Virginia, and finally in Menlo Park. Helen also has a long, exemplary history of leading service organizations. She was on the board of the Palo Alto Auxiliary to Lucille Packard Children's Hospital and volunteered weekly at

Allied Arts Guild where the Auxiliary operated a restaurant to benefit the Hospital. She also co-chaired the Stanford Treasure Market for several years.

Helen has also served as a leader in the Greek community and her church. She co-chaired the Yuletide Fantasy in 1986 at Holy Cross in Belmont and was a charter member of the Patriarch Athenagoras Orthodox Institute Women's Board, served as an early president and treasurer, and has been a member of the PAOI Board of Trustees. Helen has helped organize numerous receptions, including for the Holy Image Icon Exhibit and the Pergamum Exhibit at the Legion of Honor. Helen has been a long-standing member of HAPS and served as President in 1984.